Sign Your Documents and Waivers in the Kilo App

Laura Gibson - 2026-10-06 - Getting Started & Your Account

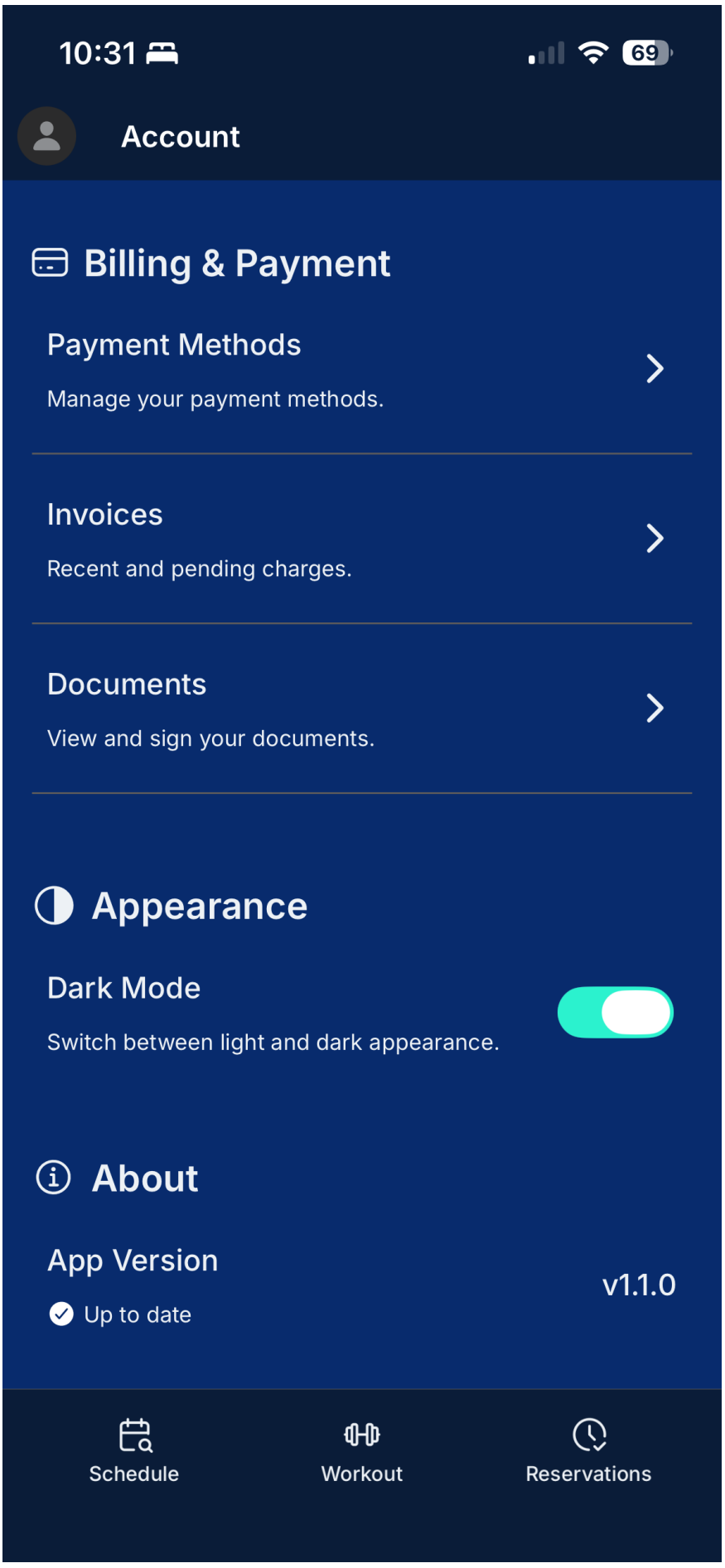
Your gym sends waivers, contracts, and other documents to you in the **Kilo - Members** app. You can sign them from the **Documents** screen, and go back to anything you have already signed to download a copy.

What you can do

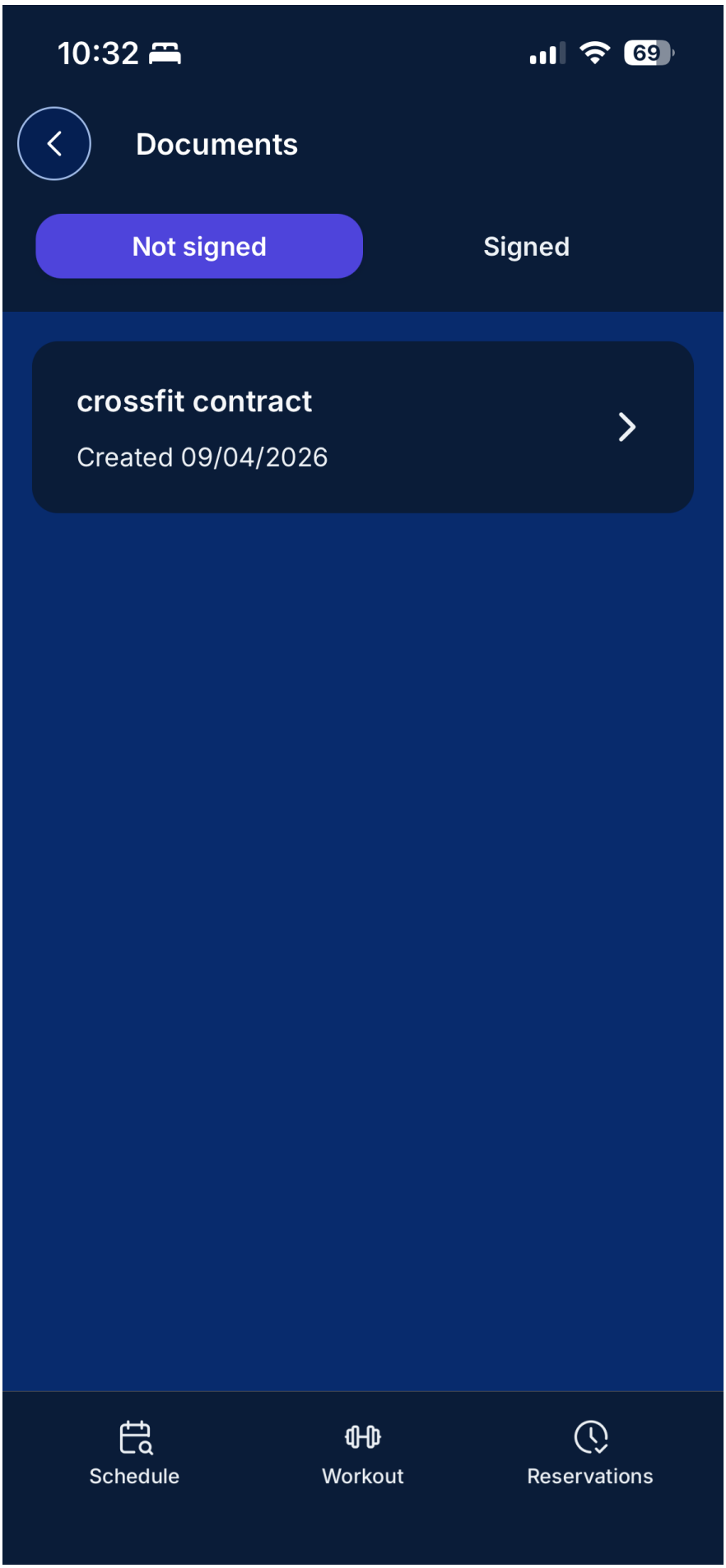
- See documents waiting for your signature
- Sign a document from your phone
- Go back to documents you have already signed
- Download a PDF copy of a signed document

Open your documents

1. Open **Kilo - Members** and tap the person icon in the top left corner to open your **Account**.
2. Under **Billing & Payment**, select **Documents**.


10:31
69
Account
Billing & Payment
Payment Methods
Manage your payment methods.
Invoices
Recent and pending charges.
Documents
View and sign your documents.
Appearance
Dark Mode
Switch between light and dark appearance.
About
App Version
Up to date
v1.1.0
Schedule
Workout
Reservations

The Documents screen has two tabs. **Not signed** opens by default and lists anything waiting on you, with the date each document was created. **Signed** lists everything you have already agreed to, with the date you signed it.


10:32
69
Documents
Not signed
Signed
crossfit contract
Created 09/04/2026
Schedule
Workout
Reservations

Sign a document

1. Open your documents and stay on the **Not signed** tab.
2. Select the document to open it, and read it.
3. Sign at the bottom of the document.
4. Select **Execute** to submit it.

Once submitted, the document moves to your **Signed** tab, where you can open it again any time.

Get a copy of a signed document

1. Open your documents and select the **Signed** tab.
2. Select the document you want.
3. Select **Download PDF**.

10:32

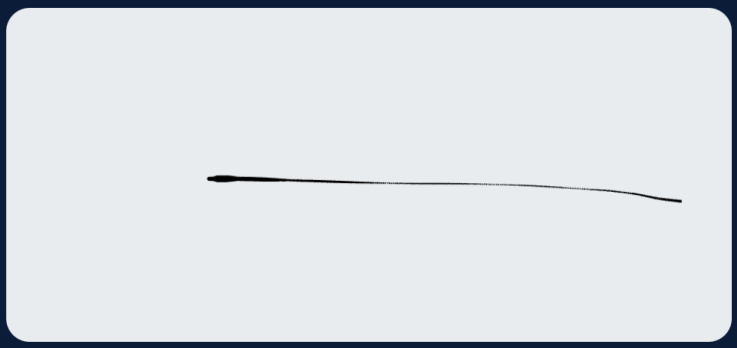
Document

contract

crossfit contract

Signed 03/04/2026

Signature



Download PDF

Cancel

Schedule Workout Reservations

The document opens showing the date you signed and the signature you drew, so you can check you have the right one before downloading.

Frequently asked questions

I bought a package but cannot book a class. Why?

Check your documents for anything unsigned. Many gyms require a signed waiver or agreement before you can reserve a class. Open your **Account**, select **Documents**, sign whatever is waiting on the **Not signed** tab, and then try booking again.

Where do my signed documents go?

To the Signed tab on the Documents screen. They stay there, so you can open a copy whenever you need one.

Can I get a PDF copy of something I signed?

Yes. Open the document from the Signed tab and select Download PDF. The copy includes the signature you drew and the date you signed.

I do not agree with something in a document. What should I do?

Contact your gym administrator before signing. The document comes from your gym, so they are the ones who can explain it or send you a different version.

Someone bought a package for me. Why do I have a waiver waiting?

If you have your own login, you sign your own waiver, even when a family member bought the package for you. Open your **Account**, select **Documents**, and sign what's waiting on the **Not signed** tab.

Helpful tips

- Check your documents right after you join or buy a package, since unsigned documents can stop you booking
- Read before you sign, since the document is an agreement with your gym
- Download a PDF from the **Signed** tab whenever you need a copy of something you agreed to
- Contact your gym administrator with any questions about what a document says

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If you have questions about your account, your membership, or the classes at your gym, contact your gym administrator. They manage your account in Kilo and can help you directly.

- Tags
- Gym Management