



[Knowledge Base](#) > [Gym Lead Machine](#) > [Onboarding & New Users](#) > [GLM Basics: Part 2](#)

GLM Basics: Part 2

Laura Gibson - 2026-07-25 - [Onboarding & New Users](#)
Note

Welcome to Kilo's On-Demand Training for Gym Lead Machine. This video walk-through is Part 2 of a 2 Part series, covering the fundamental features of GLM.

Be sure to watch Part 1 [here](#) first.

Ideal for New Clients and as a refresher for existing Kilo clients, we recommend opening your own GLM Account in a separate window so you can follow along! Pause and rewind as needed to help you get to grips with the platform.

For Individual Topics, refer to the broken-down chapters here:

[Automation](#)

[Contacts](#)

[Marketing Email Builder](#)

- Tags
- [Gym Lead Machine](#)