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Class Utilization Report

Laura Gibson - 2026-09-07 - [Reports](#)

The **Class Usage Report** provides gym owners and managers with actionable insights into class and coach performance, supporting data-driven decisions around scheduling, staffing, and programming.

The Class Usage Report allows you to:

- Identify which classes are most and least popular,
- Understand coach and schedule performance,
- Monitor how many people are showing up, canceling, or not attending,
- Optimize schedules, staffing, and programming,
- Track usage trends over time.

These insights will help gyms optimize operations and improve retention.

How It Works:

From the Dashboard, click on "*Total Classes Last Week*" to open the Class Usage report. The report is set to a default date range filter of 'last week'.

Groupings let you choose how the information is organized and displayed. Enabling additional groupings increases the level of detail and precision in the report. By default, all grouping options are enabled and can be toggled on/off.

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Log Work

< Class Usage

09/14/2025 - 09/20/2025

Class Name

Week Day

Class Start Time

Select coaches

☒ Group by class

☐ Group by day

☒ Group by start time

☒ Group by coach

Class	Day	Start Time	Coach	Sessions	Available Spots	Reserved Spots	Attended	Avg Attendance	No Shows	Late Cancels	Utilization Rate	Change%
class	All	11:41 AM	All	3	3	0	0	0	0	0	0.0%	0.0%
class	All	04:13 PM	All	2	2	0	0	0	0	0	0.0%	0.0%
class	All	04:26 PM	All	1	1	0	0	0	0	0	0.0%	0.0%
class A	All	08:00 AM	All	1	10	0	0	0	0	0	0.0%	0.0%
CrossFit	All	08:00 AM	Coach Mateo	1	12	0	0	0	0	0	0.0%	0.0%
CrossFit	All	10:47 PM	All	3	36	1	0	0	0	0	0.0%	0.0%
test123	All	02:01 PM	Keith's Test staff	2	2	0	0	0	0	0	0.0%	0.0%

Users can apply the following filters at the top of the report:

- **Date Range** (range selector)
- **Class Name** (Dropdown - multiselect)
- **Weekday** (Dropdown - multiselect)
- **Class Start Time** (range selector)
- **Coach Name** (Dropdown - multiselect)
- **% Change**
: (Compares utilization rate vs. previous period)

Additional options:

- **Refresh Filters** (to reset selections)
- **Download Report** (CSV or Excel export)

The **Attended / No-Shows / Late Cancels** report is based on Kilo's event attendance logs.

If you have further questions about the Class Usage reporting feature in Kilo, please email our Support team at hello@usekilo.com.