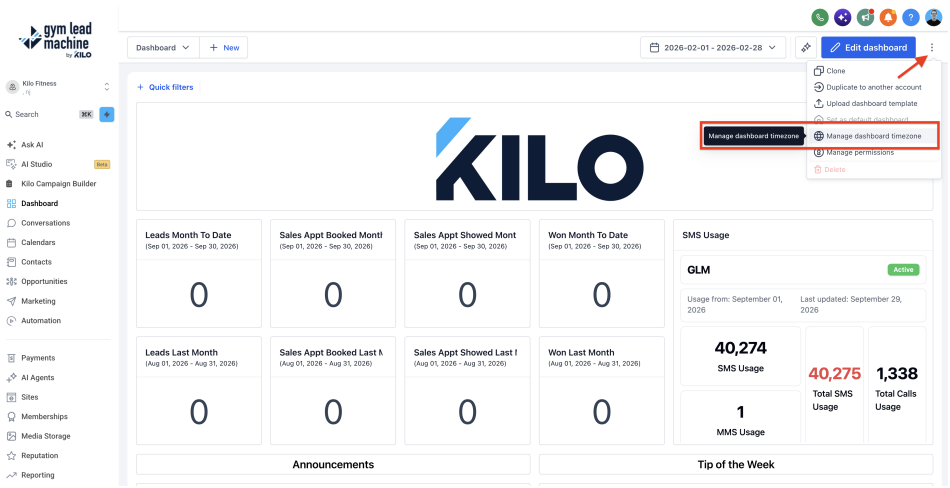
Change a Dashboard's Timezone

Mavilyn Carlos - 2026-09-29 - Dashboard

Adjusting the **timezone** for your dashboard in **Gym Lead Machine (GLM)** ensures that all displayed data aligns with the correct local time. Here's how to set or change the timezone for any dashboard.

How to Change a Dashboard's Timezone

1. Navigate to the dashboard you want to adjust, whether it's private or shared.
2. Click the **three-dot menu** in the top right corner of the dashboard.
3. Select **Manage Dashboard Timezone** from the dropdown menu.



1. Choose the timezone you want to apply to this dashboard from the list of available options.
2. Click **Save** to apply the new timezone settings to your dashboard.

If you have questions about dashboard timezones in Gym Lead Machine, our Support team is happy to help. Reach us at **hello@usekilo.com.**

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