



[Knowledge Base](#) > [Gym Management Software](#) > [Reports](#) > [Birthday Report](#)

Birthday Report

Laura Gibson - 2026-09-18 - [Reports](#)

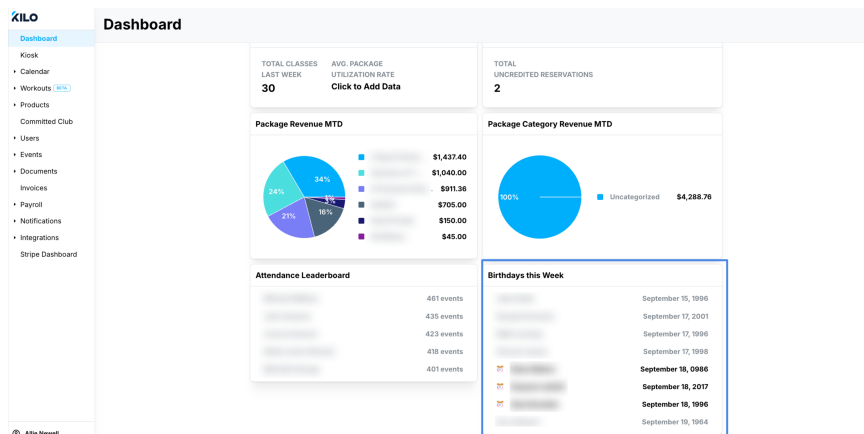
The **Birthdays This Week** block on your Dashboard shows every athlete with a birthday in the current week, Sunday through Saturday. Click the block to open the full birthday report, where you can set your own date range and filter by athlete status.

What you can do with the birthday report

- See which athletes have a birthday in the current week
- Open the full report and set any date range you want
- Filter the report by athlete status
- Request a birthday reminder workflow for your Gym Lead Machine account

How do I open the birthday report?

1. Go to **Dashboard**.
2. Find the **Birthdays This Week** block.



3. Click the block to open the full report.

From the report screen, you can change the date range to look further ahead than the current week, and filter by athlete status to narrow the list.

How do I set up birthday reminders?

Birthday reminders are built into your Gym Lead Machine account. Our Support team can add your athletes' birthdates to their contact profiles in Gym Lead Machine and set up a birthday reminder workflow for you.

To get started, submit the [Birthday Notification Workflow request form](#).

If you have questions about the birthday report in Kilo GMS, our Support team is happy to help. Reach us at **hello@usekilo.com**.

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